TRAUMATIC STRESS AND FIBROMYALGIA. MORE THAN 300 CASES.

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Objective

To determine history of traumatic life events in a group of circa 300 patients who consulted a primary care doctor as a first consultation on behalf of widespread pain of more than six month duration and nonspecific anxious or depressive symptoms, receiving diagnosis of Fibromyalgia according to International Criteria (AAR)

Material and Methods

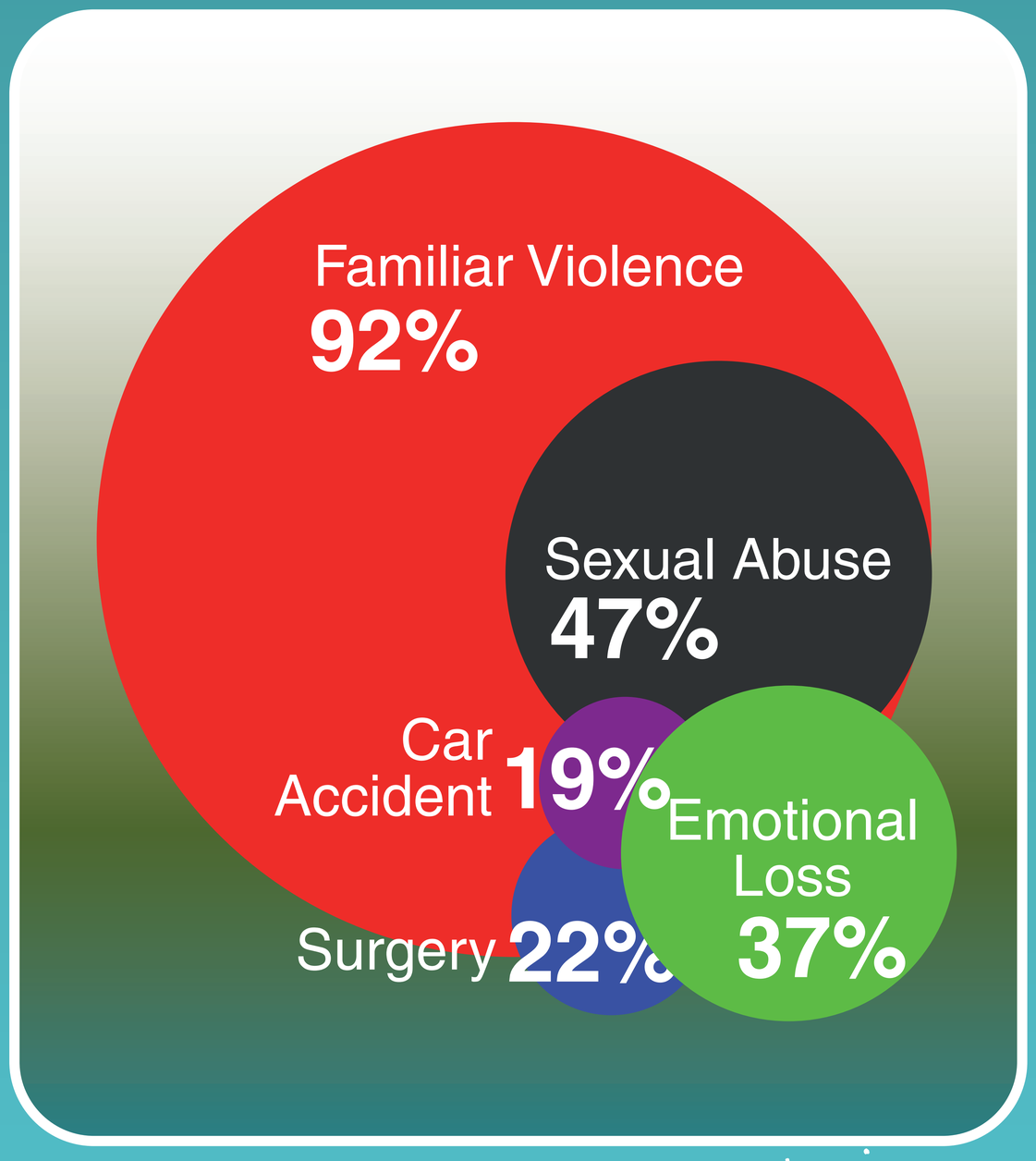
Inclusion criteria

- 302 patients fullfilling diagnoses as
- Fibromyalgia under International Criteria
- Open based interview performed by a family doctor in order to develop a good empathetic alliance
- Structured interviews with family doctor (and other professionals if necessary) in order to obtain clinical records.

Exclusion criteria

- DSM IV axis I psychiatric illnesses
- Endocrinological, immunological or neurological pathologies

Results



Conclusions

Fibromyalgia patients have undergone more traumatic stress than the general population. Most of them underwent various types of stress, mainly during early years.

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