

BASICAL EMOTIONS IN A COHORT OF 300 FIBROMYALGIC PATIENTS IN THE FIRST CONSULTATION

PIZZUTO Gloria, LOPEZ MATO Andrea, BERETTA Pablo, ROMANELLA Juan, MARESCA Tomas, VELASCO Fiorela, OSTERA Delia, CALVO Mariela

OBJECTIVE

To determine which were the basic emotions referred by patients in their first visit to a primary care family doctor.

METHODS

PLACE

Center for Family Medicine (CEMIF) at the city of Rosario, Argentina in an interdisciplinary setting with psychiatrists, family doctors, psychologists and medical residents intervening in the work.

SAMPLE

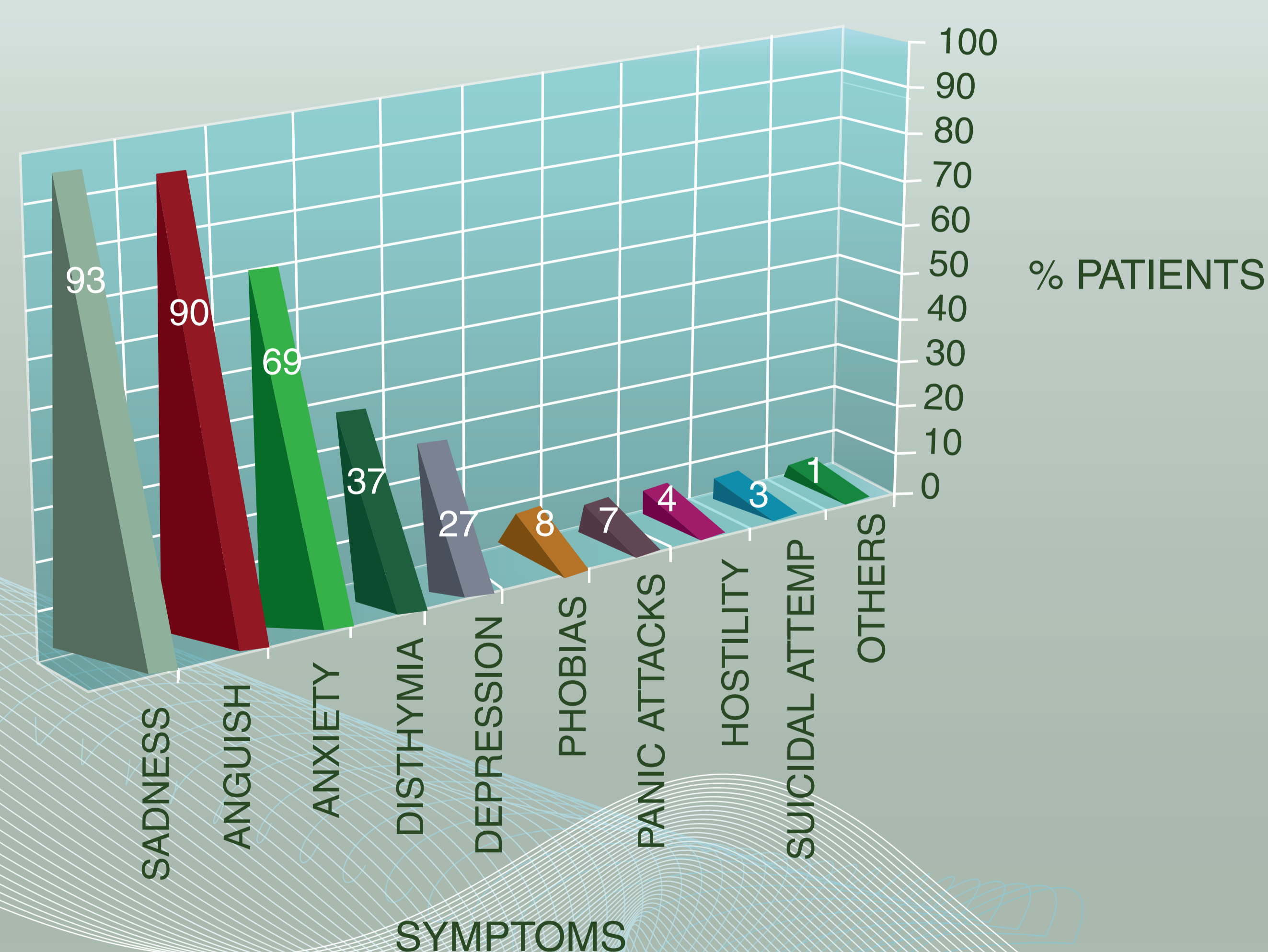
302 patients with Fibromyalgia diagnosed under American College of Rheumatology criteria entered the study. Patients with psychiatric, endocrinological, immunological or neurological pathologies were excluded.

Patients with psychiatric, endocrinological, immunological or neurological pathologies were excluded

The emotion considered as basic was that referred subjectively or deduced by the primary care professional by means of some simple questions or the applications of very simple inventories during the first visit.

RESULTS

SYMPTOMS IN FIRST CONSULTATION



Main symptoms referred in first consultation were:

- Sadness in 93%
- Anguish in 90%
- Anxiety in 69%
- Disthymia in 37%
- Depression in 27%
- Phobias in 8%
- Panic Attacks in 7%
- Anger or Hostility in 4%
- Suicidal Attempt in 3%
- Suicidal Ideation in 1%
- Anhedonia in less than 1%

CONCLUSIONS

In further visits patients were interviewed with special scales for depression, anxiety, anhedonia, alexithymia, disthymia and these results did not necessarily match with their primary emotion which nevertheless needs urgent attention in order to achieve treatment adherence.