

TREATMENT OF FIBROMYALGIA AND RELATED ENTITIES. RESULTS IN MORES THAN 300 PATIENTS.

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OBJECTIVE

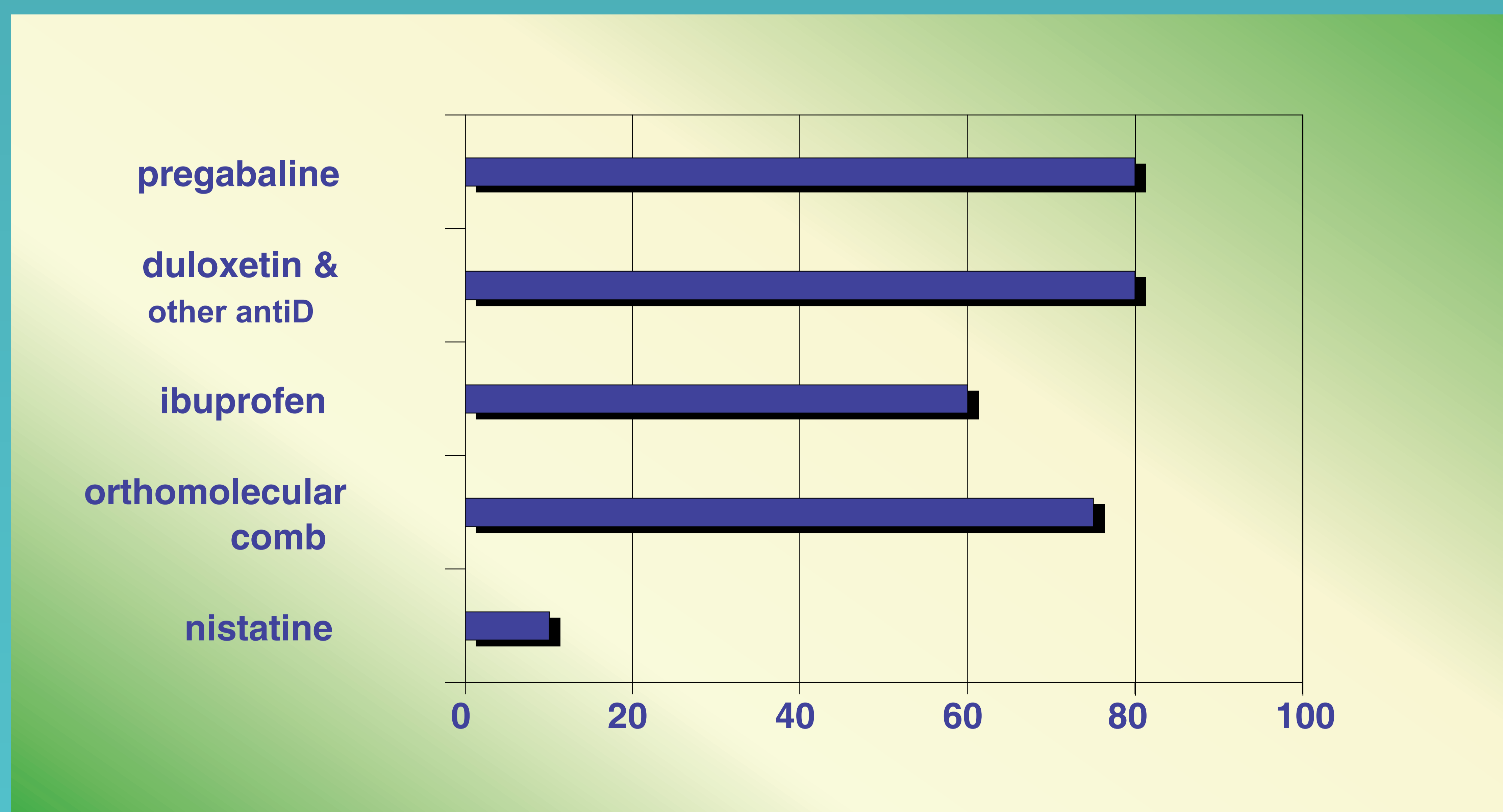
To determine treatment received in 300 patients with Fibromyalgia and similar entities.

MATERIAL AND METHODS

- 302 patients in an open clinical setting
- Treatment aimed at symptom management
- Drug combination was preferred
- Psychotherapies and alternatives medicines were not restricted
- Corticoids and Opioids were restricted

RESULTS

- Pregabalin (300-450 mgs/day) in 80%
- Antidepressants in 80%
 - Mostly Duloxetine (60-90 mgs/day)
 - Others: Amitriptiline, Fluoxetine, Sertraline, Milnacipran, Mirtazapine
- Ibuprofen in 60%
- Benzodiacepines
 - Clonazepan (for restless leg syndrome)
 - Alprazolam (short periods)
- Orthomolecular combination in 75% with 100% faster amelioration of symptoms
 - Same, DHEA, Thyamine, Cianocobalamine, Aspartic and glutamic acid, Magnesium and Zinc
- Nistatine in 10%
 - Under clinical supposition of presence of micotic infections due to sugar craving



CONCLUSIONS

Fibromyalgia and other similar entities always require an interdisciplinary approach and many years of treatment may be necessary for the total recovery.